



SCHIZOPHRENIA Factsheet

August 2020

How is marital status related to risk for schizophrenia?

Being married can increase the extent and intensity of relationships, as well as increase feelings of reciprocity and sharing; all of which have been linked to a decreased risk of developing schizophrenia. Conversely, being married can increase stress, particularly if there are problems in the marriage, and stress has been linked to an increased risk of schizophrenia.

What is the evidence for marital status?

Moderate quality evidence suggests a small increased rate of subclinical psychotic symptoms in people who are not married compared to people who are married. There is also increased rates of single status in people with ultra high-risk mental states (attenuated, brief or limited intermittent psychotic symptoms).

For more information see the technical table



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/schizophrenia.