



NeuRA

Discover. Conquer. Cure.

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SCHIZOPHRENIA Factsheet

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How is hope related to schizophrenia?

Hope is a basic element of human existence, and is necessary for healthy coping. Hopelessness has been identified as a core characteristic of both depression and schizophrenia and may contribute to disorder chronicity. Once established, hopelessness may become a central limiting factor in the efficacy of treatment and rehabilitation of patients and can also adversely affect carers and significant others.

What is the evidence for hope?

Moderate to low quality evidence suggests associations between increased hope and increased power, self-perception, insight, and quality of life.



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

For more information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/schizophrenia.

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