

mental alternative dignity options
research diagnosis preventative
SAFE trust insurance clinic community
education choice quality
HOLISTIC
responsibility
treatment orthodox support therapy

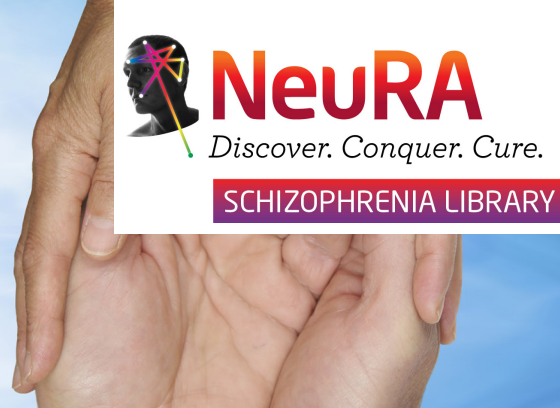
healthcare



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SCHIZOPHRENIA Factsheet

September 2020

What is community care?

Community care refers to community-based interventions that involve medication, psychosocial treatments, monitoring of clinical progress, and housing and supportive services. These programs encourage patients to establish meaningful relationships, occupations and activities, while also establishing routines at home. Community treatment may also involve involuntary outpatient commitment (compulsory community treatment) to ensure patients receive their necessary treatment.

What is the evidence for community care for people with schizophrenia?

Moderate to low quality evidence suggests community care provides some benefit for medication adherence. There were no differences between compulsory and voluntary community care in the number of hospital readmissions, the number of hospital bed days, satisfaction with care, or overall functioning.

After 18 months of community-based psychoeducation or case management in low to middle income countries, there were improvements in symptoms, functioning, and fewer hospital readmissions. Barriers to feasibility of community care in low and middle income countries include; low education, unavailability of caregivers, resource constraints, and logistical issues. Barriers to acceptability include; fear of stigma and lack of appreciation of intervention benefits. Facilitators of acceptability include; satisfaction with, and appropriateness of, interventions, participation rates, and health worker characteristics (knowledge, trustworthiness, fluency in local dialects, listening skills).

For further information see the technical table



NeuRA

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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/schizophrenia.

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