



NeuRA

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SCHIZOPHRENIA Factsheet

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What is crisis intervention?

People with severe mental illnesses such as schizophrenia may be in need of emergency care at some stage in their illness, particularly in the early stages. Crisis intervention is a treatment model designed to offer intensive crisis-focused treatment to people living in the community, and is usually provided in the context of home-based care. Crisis intervention programs comprise teams of specialist staff who often provide 24-hour availability of support. This may be a mobile treatment, a dedicated unit based in a hospital or day centre, or a residential program.

What is the evidence for crisis intervention?

Moderate to low quality evidence finds improved overall symptoms and social adjustment by 20 months (but not 12 months), more sociable behavior and less agitation and disorientation by 4-6 months, less family burden and disruption by 3 months (but not 6 months), and more patient and relative overall satisfaction.

For further information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/schizophrenia.



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.