



SCHIZOPHRENIA Factsheet

September 2020

What are day hospitals?

Day treatment programs and day hospitals are medically focused community-based units, often described as an intermediary between inpatient and outpatient hospital care. This type of program provides a more engaged, integrated treatment service than traditional outpatient units and incorporate diagnostic, medical/psychiatric, psychosocial, and prevocational treatment services.

What is the evidence for day hospitals?

Moderate to low quality evidence suggests there may be a longer duration of treatment in day hospitals compared to inpatient care. There appears to be no benefit of day hospitals over outpatient care for reducing hospital readmissions.

Low quality evidence is unable to determine any benefit for global state, employment, mental state, or social functioning.



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

For further information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/schizophrenia.