

**NeuRA**

Discover. Conquer. Cure.

SCHIZOPHRENIA LIBRARY



## SCHIZOPHRENIA Factsheet

September 2020

### What are enriched interventions?

Enriched interventions are comprehensive treatment paradigms that are specialised for particular illness phases, or extensively tailored to a patient's individual needs. Such intervention programs for schizophrenia and psychosis are often combined interventions comprising pharmaceutical and psychosocial therapies. Enriched interventions are often applied as early intervention programs in first episode psychosis or schizophrenia.

### What is the evidence for enriched interventions?

Moderate quality evidence suggests enriched interventions are more effective than standard care for improving symptom severity, but not for improving functioning.

For further information see the technical table

## HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au/donate/schizophrenia](https://neura.edu.au/donate/schizophrenia).

**NeuRA**

Discover. Conquer. Cure.

*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.*