

## SCHIZOPHRENIA Factsheet

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### What are monetary incentives?

Monetary incentives have been proposed as a form of positive behavioural reinforcement, given as a reward for the implementation of target behaviour. In the real world this can include employment or living allowances, but they can be items of lower value that have greater symbolic significance. At the lowest end these incentives become valueless tokens (see the token economies topic).

#### What is the evidence for monetary incentives?

Moderate to low quality evidence finds contingency reinforcement with monetary rewards in combination with nicotine replacement therapy is more effective than contingency reinforcement alone or self-quit for reducing smoking.



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

#### For further information see the technical table

# HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at **neura.edu.au/donate/schizophrenia**.