



# NeuRA

Discover. Conquer. Cure.

SCHIZOPHRENIA LIBRARY

## SCHIZOPHRENIA Factsheet

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### What is testosterone?

Testosterone is a hormone that has shown to be reduced in people with schizophrenia. It is not used routinely as a therapy for schizophrenia, however some studies have trialed the use of testosterone as an additional, adjunctive treatment to standard antipsychotic treatments.

### What is the evidence for testosterone?

Low quality evidence is unclear as to the benefit of testosterone as an adjunctive therapy for schizophrenia. Further research is required.



## NeuRA

Discover. Conquer. Cure.

*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.*

For more information see the technical table

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au/donate/schizophrenia](http://neura.edu.au/donate/schizophrenia).