



**What is sexual dysfunction?**

One side effect of some antipsychotic medications is sexual dysfunction. Sexual dysfunction can take many forms, affecting both men and women, and can have far-reaching implications on self-esteem, quality of life, and relationships. It also considerably reduces medication compliance. Adjunct medications prescribed to treat such side effects increases adherence to antipsychotic medications, which can reduce the risk of psychotic relapse.

**What is the evidence for treatments for sexual dysfunction?**

Moderate to low quality evidence suggests sildenafil may improve sexual functioning in males with schizophrenia.

For more information see the technical table



*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.*

**HOW YOUR SUPPORT HELPS**

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au/donate/schizophrenia](http://neura.edu.au/donate/schizophrenia).