

SCHIZOPHRENIA LIBRARY

SCHIZOPHRENIA Factsheet

How is bone density related to schizophrenia?

Bone density disorders can cause severe disability among those affected. The exact causes of bone density abnormalities are currently unknown. This topic investigates whether they could be a side effect of antipsychotic medications.

What is the evidence for bone density in people with schizophrenia?

Moderate to low quality evidence finds a small effect of greater risk of hip fractures in people with schizophrenia taking antipsychotics compared to people not taking antipsychotics.

Low quality evidence is unclear as to whether bone density is reduced in people with schizophrenia.

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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

For more information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at **neura.edu.au/donate/schizophrenia**.

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