



SCHIZOPHRENIA Factsheet

September 2020

What are therapeutic relationships?

The therapeutic relationship refers to the relationship between a patient and a clinician. Many patients consider it to be the most important component of care, and therefore it should influence how well patients engage with services, and how well they show improvements from therapy.

What is the evidence for therapeutic relationships?

Low quality evidence is unable to determine any associations between therapeutic relationships and hospitalisation rates, symptoms or functioning. Review authors conclude that there is some, but not overwhelming evidence that good therapeutic relationships predict good outcomes, but that methodologically rigorous research is required to properly assess these associations.

For further information see the technical table



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/schizophrenia.