

## SCHIZOPHRENIA Factsheet

June 2019

### What are user-held records?

User-held information is where the patient holds information about their care. Providing people with information about their care increases feelings of involvement in treatment, and should increase satisfaction and participation with services, ensure early treatment and prevent hospital admission. Some research suggests that while many people decline the offer of a user-held record, the majority of those who carry their records report this to be useful.

### What is the evidence for user-held records?

Moderate to high quality evidence finds no benefit of user-held records over standard care for a reduction in hospital readmissions.

For further information see the technical table

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au/donate/schizophrenia](http://neura.edu.au/donate/schizophrenia).



*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.*