



# NeuRA

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## SCHIZOPHRENIA Factsheet

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### What are dissociative disorders?

Schizophrenia is often associated with other mental disorders. Dissociative symptoms involve a disruption in the usually integrated functions of consciousness, memory, identity, or perception. These symptoms can be transient or ongoing, and are often seen as a reaction to trauma. They include depersonalisation (feeling detached from oneself), amnesia, imaginative involvement, absorption (being absorbed in your own mental imagery), and fragmentation of identity.

### What is the evidence for dissociative disorders in people with schizophrenia?

Moderate quality evidence suggests a large effect of increased dissociative symptoms in people with schizophrenia compared to people without schizophrenia, but less dissociation than people with a dissociative disorder.

People with schizophrenia and a self-reported history of trauma reported the most dissociation. The most common symptoms of dissociation were absorption and imaginative involvement.

For more information see the technical table



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au/donate/schizophrenia](http://neura.edu.au/donate/schizophrenia).