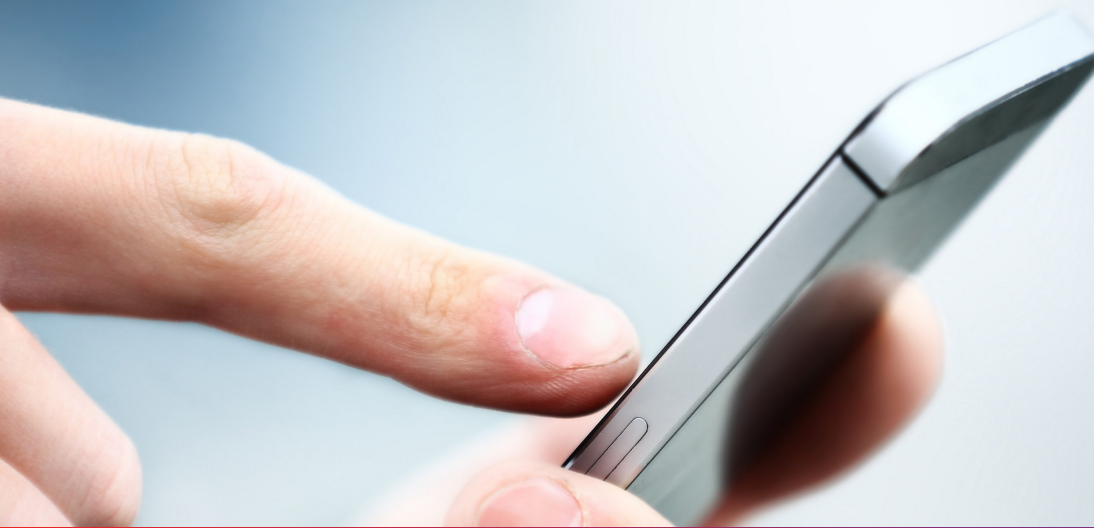




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SCHIZOPHRENIA Factsheet

August 2020

How is electronic device use relevant to schizophrenia?

There is growing interest in using telemental health to support the treatment of schizophrenia. Telemental health refers to any treatment that is delivered electronically, such as via mobile devices, online health programs, and video conferencing. This topic covers the use of electronic devices; for the evidence on telemental health treatment programs, please see; Psychosocial treatments - Telemental health.

What is the evidence for electronic device use?

Moderate quality evidence suggests mobile phone use is around 66% in people with schizophrenia, with the rate highest in most recent studies (around 81%). Attitudes are generally positive towards mobile phone use for monitoring mental health, receiving information or reminders about mental health, and for facilitating contact with mental health services. We have found no evidence from systematic reviews on computer use.

For more information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/schizophrenia.



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.