



# NeuRA

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## SCHIZOPHRENIA Factsheet

October 2020

### What are statins?

Statins are effective cholesterol lowering agents and are used to prevent cardiovascular disease. They may also have a wider usage, such as improving symptoms of schizophrenia when given in conjunction with antipsychotics.

### What is the evidence for adjunctive statins?

Moderate quality evidence suggests small improvements in positive and negative symptoms in people taking adjunctive statins compared to adjunctive placebo. Any adverse effects of statin treatment were not reported.

For more information see the technical table

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au/donate/schizophrenia](http://neura.edu.au/donate/schizophrenia).



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*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.*