



NeuRA

Discover. Conquer. Cure.

BIPOLAR DISORDERS LIBRARY

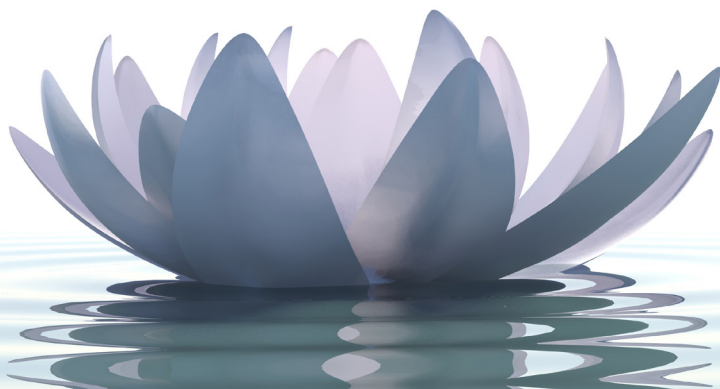


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BIPOLAR DISORDER Factsheet

September 2021

What are functional outcomes?

Functional outcomes refer to aspects of general life and day-to-day functioning that may be impacted as a consequence of illness-related impairments. Impaired cognition may impact on such functional outcomes, and may vary across different cognitive domains and functional indicators. Interventions to improve cognitive impairments may have additional benefit for general functional outcomes.

What is the evidence for the relationship between cognition and functional outcomes?

High quality evidence suggests poor cognitive ability across multiple domains is associated with poor general functioning. Moderate to low quality evidence suggests a relationship between poor emotion identification and regulation and poor general functioning, particularly in people with more severe depressive symptoms. There was no relationship found between general functioning and mania symptoms.

For more information see the technical table



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au.