



NeuRA

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BIPOLAR DISORDERS Factsheet

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How is creativity related to bipolar disorders?

A link between creativity and psychiatric disorders has long been postulated. This hypothetical connection has been the subject of many theoretical approaches. However, on the whole, theory and research results in this field are scattered and disparate.

What is the evidence for creativity in people with bipolar disorders?

Moderate to low quality evidence suggests increased levels of creativity in people with bipolar disorder. Creativity was measured differently across studies, and encompassed professional roles, such as artists, writers and musicians.

For more information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at www.neura.edu.au



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.