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**BIPOLAR DISORDERS LIBRARY**

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## BIPOLAR DISORDERS Factsheet

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### What are cognitive symptoms of bipolar disorder?

Cognitive symptoms in people with bipolar disorder may be apparent in many cognitive domains, including executive function, memory, and attention, and may develop prior to the core mood symptoms of bipolar. Cognitive symptoms are highly disabling and may predict poor functional outcomes

### What is the evidence for pharmaceutical treatments for cognitive symptoms?

Low quality evidence is unclear of the benefits of pharmaceutical treatments for cognition in people with bipolar disorder. Review authors conclude that the findings are disappointing due to study methodological issues.

For more information see the technical table



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*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.*

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au](http://neura.edu.au).