



NeuRA

Discover. Conquer. Cure.

BIPOLAR DISORDERS LIBRARY



Image: ©Asier - stock.adobe.com

BIPOLAR DISORDERS Factsheet

November 2021

How are attitudes to medication relevant to people with bipolar disorder?

Satisfaction with medication is positively related to better treatment adherence, which in turn is associated with symptom reduction. Patient attitudes towards medications are influenced by the duration of bipolar disorder, insight into the disorder, and past treatment experiences. Identifying factors that encourage or discourage the use of medications may help inform personalised therapy.

What is the evidence for attitudes to medication?

Moderate quality evidence suggests patient attitudes towards antipsychotic medications are generally positive, with longer duration of stable illness, and psychoeducation and adherence treatments being associated with positive attitudes. Clinician perceptions of efficacy and tolerability impact on prescribing.

For more information see the technical table



NeuRA

Discover. Conquer. Cure.

NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au.