



# NeuRA

Discover. Conquer. Cure.

BIPOLAR DISORDERS LIBRARY

## BIPOLAR DISORDERS Factsheet

April 2019

### How is traumatic brain injury related to bipolar disorder?

It is well established that traumatic brain injury increases the risk for a wide range of neuropsychiatric disturbances, however there is little consensus on whether it is a risk factor for bipolar disorder.

### What is the evidence for traumatic brain injury as a risk factor for bipolar disorder?

Moderate quality evidence suggests a small effect of increased risk of bipolar disorder in people with a prior traumatic brain injury.

For more information see the technical table



## NeuRA

Discover. Conquer. Cure.

*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.*

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au](http://neura.edu.au).