



# NeuRA

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BIPOLAR DISORDERS LIBRARY



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## BIPOLAR DISORDERS Factsheet

October 2021

### What is burden?

The burden of mental disorders includes direct costs, indirect costs, and intangible costs. Direct costs are estimated by the amount of services used and the price of treatment. Indirect costs are estimated by the average reductions in potential future earnings of both patients and caregivers. Intangible costs are those that may be associated with the illness, such as social and family dysfunction, trauma or other problems resulting from the mental disorder.

### What is the evidence for burden?

Moderate quality evidence suggests the per person per year direct cost of bipolar-related healthcare is between US\$2,500 and US\$5,000, and the indirect cost is between US\$2,000 and US\$11,000.



## NeuRA

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*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.*

For further information see the technical table

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [www.neura.edu.au](http://www.neura.edu.au).

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