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BIPOLAR DISORDERS Factsheet

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How is homelessness related to bipolar disorder?

Many studies have reported a high prevalence of various health problems, including mental health problems, among homeless people. The rate of bipolar disorder in this population may be difficult to measure due to diversity between studies in the definitions of homelessness and the diagnostic criteria used.

What is the evidence regarding homelessness in bipolar disorder?

Moderate quality evidence finds the prevalence of bipolar disorder in homeless people is around 11.4%. Rates were lowest in high-income countries (4%) and were similar across diagnostic instruments used.

No reviews were identified that assessed the effects of homelessness on the course and outcomes of bipolar disorder, or the effects of bipolar disorder on homeless status.

For more information see the technical table



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au.

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