



# NeuRA

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## BIPOLAR DISORDERS Factsheet

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### How is migrant status related to bipolar disorder?

The incidence of bipolar disorder refers to how many new cases there are per population in a specified time period. It is different from prevalence, which refers to how many existing cases there are at a particular point in time. Differences in the incidence of a disorder can provide clues to its possible causes. The term “migrant” usually refers to first generation migrants - people with a foreign birth place, however some studies also include locally born offspring, or second generation migrants in their analyses.

### What is the evidence for incidence of bipolar disorder in migrant populations?

Moderate quality evidence suggests no increases in the incidence of bipolar disorder in migrant populations compared to non-migrant populations.

For more information see the technical table



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*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.*

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au](http://neura.edu.au).