



education



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## BIPOLAR DISORDERS Factsheet

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### How is parental education related to bipolar disorder?

Any association of low parental education with a higher risk for bipolar disorder has been largely inconsistent. This topic outlines the evidence for low parental education as a risk factor for bipolar disorder, however the results may reflect the effects of other influencing factors rather than parental education itself.

### What is the evidence for parental education as a risk factor for bipolar disorder?

Moderate quality evidence suggests no differences in maternal education between people with bipolar disorder and people without bipolar disorder. No reviews assessed paternal education.

For more information see the technical table



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*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.*

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