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BIPOLAR DISORDERS Factsheet

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How are physical anomalies relevant to relatives of people with bipolar disorder?

Relatives of people with bipolar disorder may show attenuated signs of the illness, such as physical features commonly identified with the disorder. These may include structural and/or functional anomalies as well as sleep disturbances.

What is the evidence for physical anomalies in relatives?

Moderate quality evidence suggests a medium-sized effect of lower relative amplitude of the sleep-wake cycle in people with bipolar disorder than in people at risk.

Low quality evidence is unclear of brain anomalies in relatives of people with bipolar disorder compared to controls.

For more information see the technical table



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical enefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au.