

Hormones

BIPOLAR DISORDERS Factsheet

November 2021

How are thyroid hormones related to bipolar disorder?

There is a well-established relationship between alterations of various hormonal systems and psychiatric disorders, including depression. This has led to clinical and research studies examining the efficacy of the different hormones, including thyroid hormones, for treatment of depression in people with bipolar disorder.

What is the evidence for thyroid hormones?

Low quality evidence is unable to determine any benefits of triiodothyronine for bipolar disorder.



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.

For more information see the technical table

HOW YOUR SUPPORT HELPS

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