



NeuRA

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BIPOLAR DISORDERS LIBRARY

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BIPOLAR DISORDERS Factsheet

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What is topiramate?

Topiramate is an anticonvulsant medication primarily used to treat epilepsy and migraine headaches. It has also been tested for people with bipolar disorder.

What is the evidence for topiramate for bipolar disorder?

Moderate quality evidence showed no significant differences in mania or mixed symptoms following treatment with topiramate or placebo for up to 12 weeks. There was greater improvement in mania and mixed symptoms with lithium than with topiramate. There were no differences in side effects between topiramate and placebo or lithium.



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.

For more information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au.

NeuRA (Neuroscience Research Australia) Foundation
T 1300 888 019 F +61 2 9399 1082
ABN 57 008 429 961

Margarete Ainsworth Building
Barker Street, Randwick NSW 2031
PO Box 1165 Randwick Sydney NSW 2031 Australia

neura.edu.au