



# NeuRA

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## BIPOLAR DISORDERS Factsheet

November 2021

### What is tranylcypromine?

Tranylcypromine is a monoamine oxidase inhibitor. It is widely used to treat both depression and anxiety.

### What is the evidence for tranylcypromine as a treatment for bipolar disorder?

Low quality evidence is unable to determine the benefits of tranylcypromine for bipolar disorder.

Review authors conclude that additional research is required to establish the efficacy of tranylcypromine as an add on to a mood stabiliser.

For more information see the technical table

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au](http://neura.edu.au).



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*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.*