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BIPOLAR DISORDER Factsheet

June 2020

What is incidence?

Incidence refers to how many new cases of bipolar disorder there are in a population in a specified time period. It is different from prevalence, which refers to how many existing cases there are at a particular point in time, or over a lifetime. Incidence is usually reported as the number of new cases per 100,000 people per year.

What is the evidence on the incidence of bipolar disorder?

Moderate quality evidence suggests an incidence rate of 6.1 per 100,000 person years. Rates were lowest in Wales (1.4) and highest in Sweden (28.5). Rates were higher in studies using population registers than in first contact studies (studies of individuals making contact with services).

For more information see the technical table



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au.