



NeuRA

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BIPOLAR DISORDERS Factsheet

October 2021

How is respiratory disease related to bipolar disorder?

In general, people with bipolar disorder can have increased rates of co-occurring conditions. These may include disorders of the respiratory system, such as chronic obstructive pulmonary disease.

What is the evidence for comorbid respiratory disease?

Moderate to high quality evidence suggests people with bipolar disorder have increased rates of chronic obstructive pulmonary disease compared to people without bipolar disorder. Review authors state this association may be explained by increased rates of smoking.

For more information see the technical table



NeuRA

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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about bipolar disorder or its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/

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