



NeuRA

Discover. Conquer. Cure.

SCHIZOPHRENIA LIBRARY

SCHIZOPHRENIA Factsheet

September 2020

How is quality of life related to schizophrenia?

Quality of life refers to an individual's sense of satisfaction with their circumstances. This can be measured subjectively via interview and objectively via measures of overall health, social and material well-being and access to resources and opportunities. A key focus of quality of life research in schizophrenia is to identify factors that influence or predict a person's satisfaction with their circumstances, which may then provide targets for therapeutic focus to improve quality of life.

What is the evidence for psychosocial treatments for quality of life?

Moderate quality evidence shows a small effect of better quality of life with psychosocial interventions compared to control conditions, particularly interventions specifically targeting well-being rather than symptoms and functioning.



NeuRA

Discover. Conquer. Cure.

NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about schizophrenia or its treatment with your doctor or other health care provider.

For more information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate/schizophrenia.