



POST-TRAUMATIC STRESS DISORDER Factsheet

August 2021

How do personal characteristics impact on risk for PTSD?

Personal characteristics, such as level of education, can influence one's degree of risk for developing PTSD. How such personal characteristics may affect the development of PTSD would be influenced by other personal characteristics as well as differences in the trauma experience itself.

What is the evidence for education level on risk for PTSD?

Moderate to high quality evidence found a small effect of fewer years of education increased the risk of PTSD in women following childbirth.

Moderate to low quality evidence found having a higher education was associated with more PTSD in children exposed to earthquakes but having a lower level of education was associated with more PTSD in adults exposed to earthquakes.

Moderate quality evidence found no effect of education on risk of PTSD in people with a traumatic brain injury.

For more information see the technical table



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about PTSD and its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate