



NeuRA

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POST-TRAUMATIC STRESS DISORDER LIBRARY

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POST-TRAUMATIC STRESS DISORDER Factsheet

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How do personal characteristics impact on risk for PTSD?

Personal characteristics, such as ethnicity, can influence one's degree of risk for developing PTSD. How such personal characteristics may effect the development of PTSD would be influenced by other personal characteristics as well as differences in the trauma experience itself.

What is the evidence for the effects of ethnicity on risk for PTSD?

Moderate to high quality evidence found a small association between increased risk of PTSD following childbirth in White vs. other participants.

Moderate to low quality evidence found a small association between increased PTSD symptoms following Hurricane Katrina and increased minority ethnicity.

Moderate quality evidence found the rate of PTSD was higher in Black samples than in White samples (49% vs. 29%) after road traffic accidents.

Moderate to high quality evidence found a small association between increased PTSD symptoms following any trauma in children and adolescents and increased Black or minority ethnicity.

Moderate to high quality evidence found no association between ethnicity and PTSD symptoms in professionals indirectly exposed to trauma through their therapeutic work with trauma victims.



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about PTSD and its treatment with your doctor or other health care provider.

For more information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate

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