



# NeuRA

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POST-TRAUMATIC STRESS DISORDER LIBRARY



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## POST-TRAUMATIC STRESS DISORDER Factsheet

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### How are functional outcomes related to PTSD?

Functional outcomes refer to aspects of general life and day-to-day functioning. These may be impacted as a consequence of PTSD-related impairments, such as increased symptom severity, which may interfere with social functioning and work performance. These in turn can impact adversely on treatment outcomes.

### What is the evidence for functional outcomes in people with PTSD?

Moderate to high quality evidence finds PTSD symptoms were significantly associated with less social support and physical quality of life in cancer patients.

Moderate quality evidence suggests there may be poorer functioning in people with PTSD compared to anxiety disorders, particularly poor occupational functioning.

For more information see the technical table



## NeuRA

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*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about PTSD and its treatment with your doctor or other health care provider.*

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au/donate](http://neura.edu.au/donate)

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