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POST-TRAUMATIC STRESS DISORDER Factsheet

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How is religiosity related to PTSD?

Religiosity refers to religious activity, dedication, and beliefs. This table covers the available evidence on the relationship between religion and PTSD.

What is the evidence for religiosity in people with PTSD?

Moderate to high quality evidence found no significant changes in religious beliefs after exposure to trauma.



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about PTSD and its treatment with your doctor or other health care provider.

For more information see the technical table

HOW YOUR SUPPORT HELPS

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