

Diagnosis Conduct disorder

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POST-TRAUMATIC STRESS DISORDER Factsheet

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What is conduct disorder?

Conduct disorder is a repetitive and persistent pattern of behavior where the basic rights of others or societal norms and rules are violated. Behaviours include aggression to people or animals, destruction of property, theft, and truanting. These behaviours cause impairment in social, academic, and occupational functioning and are often accompanied by a lack of feeling, remorse, concern, or empathy.

To meet a diagnosis of conduct disorder, at least three symptoms need to be present during the past 12 months, with at least one present in the past 6 months. In addition to the individual's self-report, it is necessary to consider reports by others who have known the individual for extended periods of time in order to obtain an accurate diagnosis.

What is the evidence for conduct disorder and PTSD?

Moderate quality evidence finds the rate of PTSD in children and adolescents with conduct disorder is around 11%. In adults with conduct disorder, it is around 14%, and in juvenile offenders it is around 32%. These rates of PTSD are higher than in people without conduct disorder. Females with conduct disorder showed higher rates of PTSD than males with conduct disorder. Conduct disorder symptoms tended to be apparent before trauma exposure and subsequent PTSD symptoms.

No reviews were identified that assessed rates of conduct disorder in people with PTSD.

For more information see the technical table



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about PTSD and its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate