



POST-TRAUMATIC STRESS DISORDER Factsheet

August 2021

What is incidence?

The incidence of PTSD refers to how many new cases there are per population in a specified time-period after exposure to a traumatic event. It is different from prevalence, which represents how many overall cases exist. This topic presents the evidence on incidence rates in children and adolescents.

What is the evidence for the incidence of PTSD in children and adolescents?

Moderate quality evidence finds the incidence of PTSD in children and adolescents is around 16% at least one month after exposure to trauma. The incidence rate is highest in females, and in children and adolescents exposed to interpersonal rather than non-interpersonal trauma.

For more information see the technical table

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate



NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about PTSD and its treatment with your doctor or other health care provider.