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## POST-TRAUMATIC STRESS DISORDER Factsheet

August 2021

### What is incidence?

The incidence of PTSD refers to how many new cases there are per population in a specified time-period after exposure to a traumatic event. It is different from prevalence, which represents how many overall cases exist. This topic presents the evidence on incidence rates in psychiatric inpatients.

### What is the evidence for the incidence of PTSD in psychiatric inpatients?

Moderate quality evidence finds the incidence of PTSD following seclusion or restraint in psychiatric institutions is between 25% and 47%. Seclusion is generally better accepted than forced medication, while restraint is least tolerated.

For more information see the technical table

### HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at [neura.edu.au/donate](https://neura.edu.au/donate)



*NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.*

*Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.*

*Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.*

*While we hope you find this information useful, it is always important to discuss any questions about PTSD and its treatment with your doctor or other health care provider.*