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POST-TRAUMATIC STRESS DISORDER LIBRARY

POST-TRAUMATIC STRESS DISORDER Factsheet

August 2021

What are personality disorders?

Personality disorders are enduring patterns of behaviours, thoughts and feelings that deviate from social expectations. Many people exhibit these traits occasionally, but deviations that persist across situations and cause significant distress and impairment are considered disorders.

There are a number of different personality disorders. These include; antisocial personality disorder (disregard for the rights of others); schizoid personality disorder (detachment of social interactions and limited emotional expression); schizotypal personality disorder (discomfort of close relationships, cognitive distortions and eccentric behaviour); paranoid personality disorder (distrust and suspiciousness of others); borderline personality disorder (self-harming, difficulty relating to others); histrionic personality disorder (patterns of attention-seeking behaviour and emotions); narcissistic personality disorder (disregard of others, inflated self-image); avoidant personality disorder (feelings of inadequacy, social inhibition); dependent personality disorder (extreme psychological dependence on others); obsessive-compulsive personality disorder (excessive control, orderliness); personality disorder not otherwise specified (mixed symptoms).

What is the evidence for rates of personality disorders in people with PTSD?

Moderate quality evidence finds around 35% of people with PTSD also have a personality disorder. Cluster C personality disorders (avoidant, dependent, compulsive; 63%) were more prevalent than cluster A (schizoid, schizotypal, paranoid; 29%) or cluster B (histrionic, narcissistic, borderline, antisocial; 27%).

For more information see the technical table



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NeuRA (Neuroscience Research Australia) is one of the largest independent medical and clinical research institutes in Australia and an international leader in neurological research.

Diseases of the brain and nervous system pose the greatest health, economic and social burden of any disease group because they are chronic, debilitating and have no known cures.

Medical research is the cornerstone of efforts to advance the health and wellbeing of families and the community. Our dedicated scientists are focussed on transforming their research into significant and practical benefits for all patients.

While we hope you find this information useful, it is always important to discuss any questions about PTSD and its treatment with your doctor or other health care provider.

HOW YOUR SUPPORT HELPS

We are able to make significant advances due to the generosity of countless people. Your donation allows us to continue to work towards transforming lives. For information on how you can support our research, phone **1300 888 019** or make a secure donation at neura.edu.au/donate